

Fetal Treatment Evaluations at UCSF

Welcome to The Fetal Treatment Center, a vibrant part of UCSF's Medical Center and Benioff Children's Hospital. Our staff is here to help you through this challenging time and will do all we can to assist you and your family.

We ask that before contacting us you read through this material to review your next steps and prepare any questions you may have about becoming a new patient.

How can I schedule an appointment?

We recommend that all potential UCSF Fetal Treatment Center patients please give us a call at 1-800-RX-FETUS (1-800-793-3887) or send us an email at fetaltreatmentcenter@ucsf.edu [1].

Our team is available to speak with you, provide information, and determine if a comprehensive UCSF evaluation is necessary. Our nurse coordinators may contact you for more information, if required, and will finalize a plan with you.

If you determine you would like a UCSF Fetal Treatment Center evaluation, the nurses will work with you to schedule an evaluation. [Directions & Transportation Info](#) [2]

The UCSF Evaluation

If it is determined by the nurse coordinator [3], surgeon [4], or the perinatologists [5] that a UCSF evaluation is necessary and recommended, please review these step prior to coming to our center in San Francisco, California

Your evaluation at the UCSF Fetal Treatment Center may involve a number of different examinations and consultations with our team members. These may include an ultrasound, fetal echocardiogram, or MRI [6] performed by one of our radiology specialists [7]. Please note that each condition requires different tests to fully evaluate the pregnancy. Additional genetic testing, including an amniocentesis for fetal chromosome analysis, may be necessary before or during your evaluation. Again, the nurse coordinator, in consultation with the physicians, will help arrange these appointments for you at UCSF, if indicated.

Our Clinical Office

The UCSF Fetal Treatment Center patient clinic is located in San Francisco at the UCSF Medical Center at Mission Bay. We are located in the Betty Irene Moore Women's Hospital at 1855 4th Street, 2nd Floor, Room A-2432. For detailed directions please visit [Direction & Transportation Information](#) [2].

What will we need prior to scheduling an appointment?

1. Have your obstetric records faxed to the Fetal Treatment Center at 415 502-0660. This often requires that you sign a written release of medical records to both your specialist and regular obstetrician. Release forms can be obtained from your doctor's office.
2. Fax a copy of your insurance card (front and back) to the Fetal Treatment Center at (415) 502-0660.
3. Please provide the nurse coordinator with the following information:
 1. Full name
 2. Date of birth
 3. Email address
 4. Home and cell phone number
 5. Due date for the pregnancy
 6. Summary of the pregnancy condition for which you are seeking evaluation

Please note that your insurance company may require prior authorization (preapproval) for a second opinion at UCSF. The timing of the evaluation is dependent on a number of factors including whether or not the fetus is compromised and requires immediate assessment. We will tailor your evaluation day based on your specific situation and the needs of your pregnancy.

Emergency Evaluations

Some fetal problems are considered an emergency. Some patients who are seeking a second opinion or intervention may need an evaluation quickly. Examples of these types of patients are fetuses with Congenital Pulmonary Airways Malformation (CPAM) [8] or Sacrococcygeal Teratoma (SCT) [9] who exhibit signs of hydrops, or twin pregnancies with severe Twin to Twin Transfusion Syndrome [10]. If you or your physician suspects that you require an immediate evaluation, please contact one of our team members at 1-800-RX-FETUS (1-800-793-3887).

Non-emergent Evaluations

Most pregnancies can be seen as a non-emergent evaluation. Examples of these types of problems are: gastroschisis [11], omphalocele [12], Congenital Pulmonary Airways Malformation (CPAM) [8] without hydrops, or Sacrococcygeal Teratoma (SCT) [9] without hydrops. Often the evaluation can be scheduled quickly. We do our best to arrange all diagnostic testing and physician consults in the same day.

Mini-Evaluations

Some fetal problems do not require a full UCSF evaluation. For example your provider may only want you to have a fetal MRI, or a consultation with a pediatric specialist. These appointments can also be made for you by the Fetal Treatment Center staff. You or your provider can call the Fetal Treatment Center to see if your pregnancy meets the criteria for this appointment type.

Multidisciplinary Consultations

Many patients have problems that require the expertise of numerous members of the Fetal Treatment Center team. Once you become a Fetal Treatment Center patient your case will be presented weekly at our meetings which include over 30 experts in the treatment of birth defects, and a plan formulated for care throughout your pregnancy. This multidisciplinary approach is what sets UCSF apart from many other centers of fetal care. We offer services in nursing, neonatology, perinatology, pediatric general surgery, neurosurgery, neurology, nephrology, urology and social services.

As a part of your UCSF evaluation, we arrange consultation with all the specialists that will be involved in the care of your baby and your pregnancy.

Contact Us
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UCSF Benioff Children's Hospital

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Source URL: <https://fetus.ucsf.edu/patient-center/fetal-treatment-evaluations-ucsf>

Links

- [1] <mailto:fetaltreatmentcenter@ucsf.edu>
- [2] <https://fetus.ucsf.edu/patient-center/directions-transit-information>
- [3] <https://fetus.ucsf.edu/our-team/nurses>
- [4] <https://fetus.ucsf.edu/our-team/surgeons>
- [5] <https://fetus.ucsf.edu/our-team/perinatologists>
- [6] <http://fetus.ucsf.edu/fetal-mri>
- [7] <https://fetus.ucsf.edu/our-team/radiologists>
- [8] <https://fetus.ucsf.edu/cpam>
- [9] <https://fetus.ucsf.edu/sct>
- [10] <https://fetus.ucsf.edu/ttts>
- [11] <https://fetus.ucsf.edu/gastroschisis>
- [12] <https://fetus.ucsf.edu/omphalocele>